# A Simultaneous Augmented Lagrange Approach for the Simulation of Soft Biological Tissue

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**Summary.** In this paper, we consider the elastic deformation of arterial walls as occurring, 12 e.g., in the process of a balloon angioplasty, a common treatment in the case of atherosclerosis. Soft biological tissue is an almost incompressible material. To account for this property 14 in finite element simulations commonly used free energy functions contain terms penalizing 15 volumetric changes. The incorporation of such penalty terms can, unfortunately, spoil the convergence of the nonlinear iteration scheme, i.e., of Newton's method, as well as of iterative 17 solvers applied for the solution of the linearized systems of equations. We show that the augmented Lagrange method can improve the convergence of the linear and nonlinear iteration 19 schemes while, at the same time, implementing a guaranteed bound for the volumetric change. 20 Our finite element model of an atherosclerotic arterial segment, see Fig. 1, is constructed from 21 intravascular ultrasound images; for details see [4].

Fig. 1. Finite element model of an atherosclerotic arterial segment 1.3M unknowns

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## 1 Nonlinear Model and Algorithm

Biological tissues, such as arteries, are fiber enforced materials composed of an <sup>24</sup> almost incompressible matrix substance with embedded collagen fibers. The arrange-<sup>25</sup> ment of the fibers in arterial walls is characterized by two preferred directions heli-<sup>26</sup> cally wound along the artery. The material behavior of the collagen fiber bundles <sup>27</sup> is represented by the superposition of two transversely isotropic models; see [12]. <sup>28</sup> Thus, the strain energies are given by <sup>29</sup>

$$\psi = \psi^{\text{iso}}(\mathbf{C}) + \psi^{\text{ti},(1)}(\mathbf{C}, \mathbf{M}^{(1)}) + \psi^{\text{ti},(2)}(\mathbf{C}, \mathbf{M}^{(2)}).$$
(1)

Here,  $\mathbf{F} := \nabla \varphi$  is the deformation gradient,  $\mathbf{C} := \mathbf{F}^T \mathbf{F}$  the right Cauchy-Green-tensor, 30 and  $\mathbf{M}^{(a)} := \mathbf{a}^{(a)} \otimes \mathbf{a}^{(a)}$ , a = 1, 2 are the structural tensors characterizing the fiber 31 directions. There exist different possibilities to model the mechanical response of soft 32 biological tissue; see, e.g., [2, 12]. We are interested in polyconvex energy functions. 33 For the construction of anisotropic, polyconvex functions, see, e.g., [18]. Here, we 34 use the model due to [12], which was denoted model  $\psi_B$  in [3], 35

$$\begin{split} \psi &= c_1 \left( I_1 I_3^{-1/3} - 3 \right) + \sum_{a=1}^2 \frac{k_1}{2k_2} \left\{ \exp \left( k_2 \left\langle J_4^{(a)} I_3^{-1/3} - 1 \right\rangle^2 \right) - 1 \right\} \\ &+ \varepsilon_1 \left( I_3^{\varepsilon_2} + I_3^{-\varepsilon_2} - 2 \right)^{\alpha}, \end{split}$$

with the invariants  $I_1 = \text{tr} \mathbf{C}, I_2 = \text{tr}[\text{Cof}(\mathbf{C})], I_3 = \text{det}\mathbf{C}, J_4^{(a)} = \text{tr}[\mathbf{C}\mathbf{M}^{(a)}], J_5^{(a)} = 36$ tr $[\mathbf{C}^2\mathbf{M}^{(a)}]$ . Here,  $\langle \bullet \rangle$  denote the Macauly brackets,  $\langle \bullet \rangle = (|\bullet| + \bullet)/2$ . The penalty 37 term  $\varepsilon_1 \left(I_3^{\varepsilon_2} + I_3^{-\varepsilon_2} - 2\right)^{\alpha}$  models the incompressibility. 38

We adjust our parameters to experimental results in [11]; for details, see [5]. The 39 adjustment results in the parameters  $c_1 = 7.17 \,[\text{kPa}], k_1 = 3.69e - 3 \,[\text{kPa}], k_2 = 51.2$  40 for the adventitia and  $c_1 = 9.23 \,[\text{kPa}], k_1 = 193 \,[\text{kPa}], k_2 = 2.627e3$  for the media. 41

In the augmented Lagrange approach [10, 20] a Lagrange multiplier is introduced 42 on each finite element and  $\mu^T$  (det  $\mathbf{F} - \mathbf{1}$ ) is added to the energy  $\psi$ . Here, we mean by 43 det  $\mathbf{F}$  the vector of element-wise determinants of  $\mathbf{F}$ . The Lagrange multiplier will be 44 computed iteratively by an Uzawa-like iteration  $\mu_{k+1} = \mu_k + \xi_k (\det \mathbf{F} - \mathbf{1})$ , where in 45 our computations in Sect. 3 the series  $\xi_k$  will be chosen as a constant  $\xi_k = \xi = 499.0$ . 46 We have chosen  $\xi$  by hand from the set {99,499,999,1999,9999}.

Our parameter fit is performed assuming incompressibility of the material. When 48 using the penalty approach we have to choose sufficiently large penalty parameters. 49 Here, our penalty parameters are  $\varepsilon_1 = 70.0 \, [\text{kPa}], \varepsilon_2 = 8.5, \alpha = 1$  for the adventitia 50 and  $\varepsilon_1 = 360.0 \, [\text{kPa}], \varepsilon_2 = 9.0, \alpha = 1$  for the media. Also in the augmented Lagrange 51 approach we need to choose our penalty parameters but here the penalty may be 52 relaxed significantly, i.e., we choose  $\varepsilon_1 = 10.0 \, [\text{kPa}], \varepsilon_2 = 4.0, \alpha = 1$  for adventitia 53 and media. The relaxation becomes evident when the penalty function is plotted for 54 the different sets of parameters. A sufficiently accurate stopping criterion has to be 55 chosen for the augmented Lagrange loop; here we chose a tolerance of  $|\det(\mathbf{F}) - 1| \leq 56$ 0.01 on each element. 57

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In our discretization, we have to avoid locking effects. We therefore replace 58 point-wise penalization by the penalization of the average volumetric change on 59 every finite element. This is accomplished, as in [3, 16], by applying a three-field 60 formulation, known as the  $\bar{\mathbf{F}}$ -approach; see [19]. We use 10-noded tetrahedral ele-61 ments for the displacement. 62

In our nonlinear scheme we solve a sequence of linear problems obtained from 63 Newton's method, see, e.g., Fig. 2. This is also referred to as (pseudo) time stepping 64 or load stepping. To obtain a fair comparison, we have chosen an automatic time stepping strategy. For the penalty approach we increase  $\Delta t$  when the number of Newton 66 iterations is smaller than 6 and decrease  $\Delta t$  when it is larger than 9. This choice produced the best results. The simultaneous Augmented Lagrange approach, where the 68 iteration for the Lagrange multiplier simultaneously to the Newton correction, can 69 be viewed as an inexact Newton method. Thus, a quadratic convergence cannot be 70 expected. We therefore have chosen the bounds for the auto time stepping as 18 and 71 36. For all approaches the maximal time step size was bounded by  $\Delta t_{max} = 0.4$ . 72

Fig. 2. Penalty for the incompressibility

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Nonlinear Iteration (Penalty)
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Set k = 0 and  $t_0 = \Delta t_0$ ; Apply partial load  $t_k \cdot \mathbf{f}_{\text{load}}$  if the full load is not yet reached; Use Newton iteration to solve the nonlinear problem. Use GMRES to solve linearized problem using the FETI domain decomposition method as a preconditioner; Apply Newton correction; Adapt load step size  $\Delta t_{k+1}$ , i.e.,  $\Delta t_{k+1} = 10^{1/5} \Delta t_k$ ,  $\Delta t_{k+1} = 10^{-1/5} \Delta t_k$ , or  $\Delta t_{k+1} = \Delta t_k$ ;

Set  $t_{k+1} = t_k + \Delta t_{k+1}$ ;

# 2 FETI-DP Method

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We briefly introduce the well-known FETI-DP method. For a more detailed intro-74AQ2duction, see, e.g., [13, 16, 17, 21]. For algorithms of the Finite Element Tearing and75Interconnecting-type (FETI); see [6–9]. Using FETI-DP methods linear systems with76billions of unknowns have been solved, e.g., in [14, 16] on large parallel machines77AQ3(Fig. 3).78

We decompose the domain  $\Omega$  into N nonoverlapping subdomains  $\Omega_i$ . For all subdomains  $\Omega_i$ , we assemble the local stiffness matrices  $\mathbf{K}^{(i)}$  and local load vectors  $\mathbf{f}^{(i)}$ , 80  $i = 1, \dots, N$ , 81

Nonlinear Iteration (Simultaneous Augmented Lagrange)  
Set 
$$k = 0$$
 and  $t_0 = \Delta t_0$ ;  
Apply partial load  $t_k \cdot \mathbf{f}_{\text{load}}$  if the full load is not yet reached;  
Set Lagrange parameter  $\mu_0 = 0$ ;  
While Newton iteration has not converged and while elements  
with  
 $|\det(\mathbf{F}) - 1| \geq \text{TOL exist: Solve nonlinear problem with}$   
simultaneous  
Newton iteration and iteration for  $\mu$   
Use GMRES to solve linearized problem using the FETI  
method  
Apply Newton correction and update Lagrange parameter  
 $\mu_{k+1} = \mu_k + \xi_k(\det \mathbf{F} - 1)$ ;  
Adapt load step size  $\Delta t_{k+1}$ , i.e.,  
 $\Delta t_{k+1} = 10^{1/5} \Delta t_k$ ,  $\Delta t_{k+1} = 10^{-1/5} \Delta t_k$ , or  $\Delta t_{k+1} = \Delta t_k$ .  
Set  $t_{k+1} = t_k + \Delta t_{k+1}$ ;

$$\mathbf{K} = \begin{bmatrix} \mathbf{K}^{(1)} & \\ \vdots & \\ \mathbf{K}^{(N)} \end{bmatrix}, \mathbf{u} = \begin{bmatrix} \mathbf{u}^{(1)} \\ \vdots \\ \mathbf{u}^{(N)} \end{bmatrix}, \mathbf{f} = \begin{bmatrix} \mathbf{f}^{(1)} \\ \vdots \\ \mathbf{f}^{(N)} \end{bmatrix}.$$

The interface is  $\Gamma = \bigcup_{i=1}^{N} \partial \Omega_i \setminus \partial \Omega$ . The discrete problem can be formulated as <sup>84</sup> minimization problem with the interface continuity constraint **Bu** = **0**, where **B** = <sup>85</sup> [**B**<sup>(1)</sup>,...,**B**<sup>(N)</sup>] with entries from 0, 1, -1. By introducing Lagrange multipliers  $\lambda$  to <sup>86</sup> enforce the continuity along the subdomain interface we obtain the problem: Find <sup>87</sup> (**u**,  $\lambda$ ), such that <sup>88</sup>

$$\mathbf{K}\mathbf{u} + \mathbf{B}^T \boldsymbol{\lambda} = \mathbf{f}$$
  

$$\mathbf{B}\mathbf{u} = \mathbf{0}.$$
<sup>89</sup>

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This problem can be solved by eliminating the displacement variables **u** and solving <sup>90</sup> the resulting Schur complement system by conjugate gradients. <sup>91</sup>

In FETI-DP methods some continuity constraints are enforced on *primal* displacement variables  $\tilde{\mathbf{u}}_{\Pi}$  throughout iterations to enforce invertibility of the local 93 problems. This yields a saddle point problem of the form 94

$$\begin{split} \widetilde{\mathbf{K}}\widetilde{\mathbf{u}} &+ \mathbf{B}^T \boldsymbol{\lambda} = \tilde{\mathbf{f}} \\ \mathbf{B}\widetilde{\mathbf{u}} &= \mathbf{0}, \end{split}$$

where the matrix  $\mathbf{\tilde{K}}$  and right hand side  $\mathbf{\tilde{f}}$  are partially assembled in the primal variables, i.e., 97

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$$\widetilde{\mathbf{K}} = \begin{bmatrix} \mathbf{K}_{BB}^{(1)} & \widetilde{\mathbf{K}}_{\Pi B}^{(1)T} \\ & \ddots & \vdots \\ & \mathbf{K}_{BB}^{(N)} & \widetilde{\mathbf{K}}_{\Pi B}^{(N)T} \\ & \widetilde{\mathbf{K}}_{\Pi B}^{(1)} \cdots & \widetilde{\mathbf{K}}_{\Pi B}^{(N)} & \widetilde{\mathbf{K}}_{\Pi \Pi} \end{bmatrix}, \qquad \widetilde{\mathbf{f}} = \begin{bmatrix} \mathbf{f}_{B}^{(1)} \\ \vdots \\ & \mathbf{f}_{B}^{(N)} \\ & \mathbf{f}_{\Pi} \end{bmatrix}.$$

The coupling also provides the coarse problem for the method. Reducing the system  $_{99}$  of equations to an equation in  $\lambda$ , it remains to solve iteratively  $_{100}$ 

$$\mathbf{M}_{\mathrm{D}}^{-1}\mathbf{F}_{feti}\boldsymbol{\lambda} = \mathbf{M}_{\mathrm{D}}^{-1}\mathbf{d}\,,$$

where  $\mathbf{F}_{feti} = \mathbf{B}\widetilde{\mathbf{K}}^{-1}\mathbf{B}^{T}$ , and  $\mathbf{M}_{D}^{-1} = \mathbf{B}_{D}\mathbf{R}_{\Gamma}^{T}\mathbf{S}\mathbf{R}_{\Gamma}\mathbf{B}_{D}^{T}$  is the Dirichlet preconditioner. <sup>102</sup> Here, **S** is the Schur complement obtained by eliminating the interior variables in <sup>103</sup>

every subdomain, i.e.,  $\mathbf{S} = \begin{bmatrix} \mathbf{S}^{(1)} & \\ & \ddots \\ & & \mathbf{S}^{(N)} \end{bmatrix}$ . The operator  $\mathbf{R}_{\Gamma}$  is a restriction matrix, 104

consisting of zeros and ones, that, when applied to a vector  $\tilde{\mathbf{u}}$ , removes the interior 105 variables from  $\tilde{\mathbf{u}}$ . The matrices  $\mathbf{B}_D$  are scaled variants of the jump operator  $\mathbf{B}$  where, 106 in the simplest case, the contribution from and to each interface node is scaled by 107 the inverse of the multiplicity of the node. We define the multiplicity of a node as 108 the number of subdomains it belongs to. For heterogeneous problems a more elaborate scaling, using an appropriate scaling factor, defined by the coefficients  $\rho_i$ , is 110 necessary; see, e.g., [17, p. 1532, Formula (4.3)] and [15, p. 1403, Formula (6)]. 111

#### **3** Numerical Results

A pressure of 200 mmHg is applied to the inside of the artery, see Fig. 1. The 113 FETI-DP iteration is stopped when the absolute residual is reduced to  $5 \times 10^{-9}$ ; 114 we have 224 subdomains. The total cost can be estimated by multiplying the number 115 of Newton steps by the corresponding average number of (inner) FETI-DP Krylov 116 iterations, see Tables 1 and 2.

Our results show that the use of the augmented Lagrange method can significantly improve the properties of the linearized systems occurring in the nonlinear solution scheme. The convergence of the nonlinear scheme is also improved, i.e., in our nonlinear scheme larger pseudo time steps  $\Delta t$  can be chosen. Of course, an additional iteration process for the Lagrange multiplier is introduced. Here, this iteration process is carried out simultaneously with the Newton iteration. 123

The results in Tables 1 and 2 show that the additional cost for the augmented 124 Lagrange iteration is more than amortized by the faster convergence of the nonlin-125 ear scheme and the linear iterative solver. Moreover, in the augmented Lagrange 126 approach the volumetric change is exactly controlled during the iteration process, 127 i.e., we have satisfied element-wise the condition  $|\det(\mathbf{F}) - 1| \le 0.01$ . In the penalty 128 approach the volumetric change produced by the chosen penalty parameters is only 129

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t	Newton steps	Ø Krylov its	
0.0	10 9	172.2	
0.02	20 5	173.0	
0.0	36 5	175.8	
0.00	51 5	179.4	
0.10	01 6	189.3	
0.14	41 5	187.0	$\frown$
0.20	)4 6	201.8	
0.20	57 5	195.6	
0.30	57 7	208.0	
0.40	57 7	204.1	
0.50	57 5	207.4	
0.72	25 6	217.8	
0.88	34 5	225.4	
1.13	35 6	242.0	
1.38	36 6	253.8	
1.6	37 7	266.3	
1.88	39 5	279.4	
2.00	00 4	285.8	
	Σ 104	Total Ø 213.3	

**Table 1.** Newton iteration for the penalty formulation. Pseudo-time *t*, number of Newton steps, average number of Krylov iterations per Newton step.

**Table 2.** Simultaneous Newton and augmented Lagrange (AL) iteration. Pseudo-time *t*, number of Newton-AL steps, average number of Krylov iterations per Newton-AL step.

	t	Newton-AL steps	Ø Krylov its
	0.010	9	99.3
	0.026	4	100.5
. ~	0.051	5	101.4
$\sim$	0.091	6	101.3
$\mathbf{\nabla}$	0.154	6	102.8
	0.254	7	104.3
	0.412	11	105.4
	0.664	14	109.4
	1.062	14	119.0
	1.462	16	139.7
	1.862	17	167.0
	2.000	15	180.8
		Σ 124	Total Ø 138.6

known ex-post. In our example the solution using the penalty approach only satisfies  $_{130}$   $|\det(\mathbf{F}) - 1| \le 0.021.$ 

In the results in Table 2, we see that the number of Newton-AL-iterations 132 increases during the simulation. This is due to the fact that in the beginning of the 133 simulation only a very small number of finite elements violate the element-wise con-134 dition  $|\det(\mathbf{F}) - 1| \le 0.01$ .

The results in, both, Tables 1 and 2 also show an increase of the FETI-DP iterations during the simulation. We believe that this may in part be due to an increasing influence of the incompressibility constraint during the simulation but also result from the exponential stiffening behavior of the fibers. In [1], we have observed that the anisotropies introduced to the material wall models by the terms modeling the fibers can have a visible impact on the convergence of the nonlinear iteration scheme as well as the convergence of the iterative linear solver. Ideas described in [16] may improve the convergence of domain decomposition solvers for such anisotropic problems.

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